

What's on



Monday 6th June	Tuesday 7th June	Wednesday 8th June	Thursday 9th June	Friday 10th June
<p>Understanding Anxiety 1.30pm via Zoom</p> <p>Care to Watch – The Ritz Cinema, Belper Event 8.15pm</p>	<p>Care for a Cuppa, New Mills Volunteer Centre 1-3pm</p> <p>Chair Based Yoga 1.30pm - 2:15pm via Zoom</p>	<p>Shared Reading 1pm - 2pm via Zoom</p> <p>Care for a Cuppa, Staveley Fire Station Community Room 2pm-3.30pm</p> <p>Care to Watch – The Ritz Cinema Belper Event 5.30pm</p>	<p>Carers Book Club 1pm-2pm Via Zoom</p>	<p>Care for a Cuppa, Blythe House Hospice 11am-3pm</p> <p>Carers 'Bake Off' 11am Via Zoom</p>

Care for a Cuppa – New Mills Volunteer Centre

TUESDAY 7TH JUNE

An afternoon of light refreshments and a chance to meet your local Carer Support Workers and staff at the New Mills Volunteer Centre. Find out how we can help support you in your caring role. Plus live music!

Tea, coffee and cakes available

Care to Watch – Odeon Luxe, Derby Event

SATURDAY 11TH JUNE

10.15am-12.25pm

The film that will be screening on the day is, Sonic the Hedgehog 2

This event is a private screening for Young Carer families

Care to Watch – The Ritz Cinema, Belper Event

WEDNESDAY 8TH JUNE 5.30PM

Film Screening: Top Gun, Maverick

Tickets are very limited and the cinema viewing is for adult Carers only

The theme for this year's Carers Week is 'Make Carers visible, valued and Supported'.

With this in mind, we would like to create a collage of Carer photos from across Derbyshire.

Fancy getting involved?

Please email your photographs to comms@derbyshirecarers.co.uk with 'Carers Week Collage' as the subject.



Care for a Cuppa and Pamper – Blythe House Hospice

FRIDAY 10TH JUNE

An afternoon of light refreshment and pampering with the New Mills Alternative Health Clinic. A chance to meet with your local Carer Support Workers, the staff at the Hospice, and to meet many other High Peak organisations who can support you in your caring role.

All events are in person (face-to-face) unless otherwise stated with 'Via Zoom'

For more information, please contact Katie:

Call **07773 173 416**

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